

**SINGAPORE ORGANISATION OF SEAMEN ("SOS")  
SEACARE MEDICAL SCHEME (SMS) FOR SOS LOCAL MEMBERS  
TERMS AND CONDITIONS  
(With effect from 20 July 2022)**

**Eligibility Criteria**

SOS Ordinary Member, Participating Local Member, Participating Staff

Ordinary Member, Participating Local Member, Participating Staff must be a paid up member in the month of the appointment.

SOS Associate for Life, Cadre & Founder Member

All Associate for Life, Cadre and Founder Member shall automatically be eligible.

A member who meets the above criteria will be classified as a Qualified SOS Local Member.

**Benefits and Conditions**

A Qualified SOS Local Member is entitled to receive the following benefits:

**1. Complimentary Health Screening at the Seacare Maritime Medical Centre**

The health screening package provides:

Consultation and Complete Physical Examination

Biophysical Measurement

Office tests

Liver Profile

Endocrine Profile

Urinalysis

Medical Review

Imaging Studies

Hepatitis Profile

Bone & Joint Profile

Full Blood Count

Lipid Profile

Kidney Profile

Veneral Profile

3 Cancer Markers

The benefit is subject to the following conditions:

- 1) Qualified SOS Local Member and one dependent are entitled to receive one complimentary health screening each at SMMC per calendar year from 1<sup>st</sup> January to 31<sup>st</sup> December.
- 2) Any unutilised benefit(s) for each calendar year is not allowed to be carried forward beyond the validity date or exchanged for cash.
- 3) The benefit is strictly not transferable.
- 4) The complimentary Health Screening is extended to one (1) Dependent. For single member, dependent refers to his mother or father. For married member, dependent refers to his legitimate spouse.
- 5) Member's marital status shall be as at appointment date.

## **2. Eye Examination Reimbursement**

Reimbursement benefit of up to S\$100 (nett) for eye examination, eye check-up, consultation, medication, treatment and related costs obtained from any eye centre, clinic and/or hospital.

The benefit is subject to the following conditions:

- 1) Qualified SOS Local Members are entitled to reimbursement benefit of up to S\$100 (nett) per SOS local member per calendar year from 1<sup>st</sup> January to 31<sup>st</sup> December for eye examination, eye check-up, consultation, medication, treatment and related costs obtained from any eye centre, clinic and/or hospital.
- 2) Each Qualified SOS Local Member can make a maximum of 3 reimbursement claims per year.
- 3) Any unutilised benefit(s) for each calendar year is not allowed to be carried forward beyond the validity date or exchanged for cash.
- 4) The benefit is strictly not transferable.

## **3. Hospitalisation Allowance**

An allowance of \$30 per day for up to thirty (30) days and \$15 per day for subsequent one hundred and fifty (150) days, if a member is unable to work and has to be warded in a hospital in or outside Singapore by reason of an injury or illness.

The benefit is subject to the following conditions:

- 1) Qualified SOS Local Member is entitled to a hospitalisation allowance of \$30 per day for up to thirty (30) days and \$15 per day for subsequent one hundred and fifty (150) days per SOS local member per calendar year from 1<sup>st</sup> January to 31<sup>st</sup> December, if a member is unable to work and has to be warded in a hospital in or outside Singapore by reason of an injury or illness.
- 2) The total period of claim shall not exceed 180 days in any one year. If a Qualified SOS Local Member continues to be warded in a hospital, the matter will be reviewed by the SOS Standing Committee overseeing the SMS.
- 3) Members who are billed half a day for the hospital room charge be entitled to claim one-half of the allowance.
- 4) Qualified SOS Local Member who receives a payment in any form and for the purpose from any other person for the same corresponding period or part thereof, shall only be entitled to claim up to one-half of the allowance.
- 5) Qualified SOS Local Member who is only able to produce a duplicate of the receipt or invoice shall only be entitled to claim up to one-half of the allowance.
- 6) Any unutilised benefit(s) for each calendar year is not allowed to be carried forward beyond the validity date or exchanged for cash.
- 7) The benefit is strictly not transferable.

#### **4. Dental Reimbursement**

Reimbursement benefit of up to S\$80 (nett) for cost of dental treatment / care undertaken by Dental Clinics which are listed by the Ministry of Health.

The benefit is subject to the following conditions:

- 1) Qualified SOS Local Members are entitled to reimbursement benefit of up to S\$80 (nett) per SOS local member per calendar year from 1<sup>st</sup> January to 31<sup>st</sup> December cost of dental treatment / care undertaken by Dental Clinics which are listed by the Ministry of Health.
- 2) Each Qualified SOS Local Member can make a maximum of 3 reimbursement claims per year.
- 3) Any unutilised benefit(s) for each calendar year is not allowed to be carried forward beyond the validity date or exchanged for cash.
- 4) The benefit is strictly not transferable.

#### **Procedures for Health Screening benefit**

The following procedures are to be adhered:

- Step 1:* Contact the SOS Membership Services Division at 63795666 to verify your eligibility status and to obtain an appointment. The booking of appointment is on a first-come-first-served basis subject to a maximum of 4 members and dependants per day.  
For cancellation or request for change of appointment date, a minimum of 3 working days' notice is to be given to the SOS Membership Services Division.
- Step 2:* To collect the following from the SOS Membership Services Division not less than 2 days before the appointment date:
- a. Application Form for Health Screening;
  - b. Pre-Health Screening Instruction and Medical Container.
- Step 3:* To report at SMMC at 9am on the appointment date with the following:
- i. NRIC and SOS Membership Card.
  - ii. Duly completed Application Form for Health Screening.
  - iii. Medical Container with samples collected.
- Step 4:* To attend Health Screening medical review scheduled by SMMC.

#### **Procedures for Eye Examination Reimbursement benefit / Hospitalisation Allowance benefit / Dental benefit**

The following procedures are to be adhered:

- Step 1:* To submit the original receipt with the Member's name stated on it and the SMS Reimbursement Form to the SOS Membership Services Division within 90 Days from the date of receipt. *SMS Reimbursement Form can be obtained from SOS Membership Services Division.*
- Step 2:* Having adhered to the procedure, reimbursement will be made within four weeks from date of submission of the required documents.

### **Contact details**

The Health Screening is available from Mondays to Saturdays from 9am to 12pm (close on Public Holidays) at:

#### **Seacare Maritime Medical Centre Pte Ltd (SMMC)**

100 Tras Street  
#18-02/03 100 AM  
Singapore 079027

Tel: 6222 7728  
Fax: 6224 6387  
Email: [seacaremedical@singnet.com.sg](mailto:seacaremedical@singnet.com.sg)

### **Exclusions**

**Any need for repeated and/or additional test(s) and follow-up treatment(s) and/or medication(s) as recommended by SMMC and/or any eye centre, clinic, hospitals, shall be absolutely and entirely at the member's discretion and his own expense.**

### **Amendment**

**SOS reserves the right to repeal or amend in any way from time to time any or all of the benefits, conditions, procedures and providers relating to the SMS for SOS Local Members at its absolute discretion. The Qualified SOS Local Member shall be bound by any variation or amendment or addition to or subtraction from the said SMS.**

### **Interpretation**

**If a query or dispute arises over the construction or interpretation of any provision in the SMS, the opinion of the Executive Committee of SOS shall be final and binding on all Qualified SOS Local Members.**

### **Disclaimer Clause**

**While every reasonable effort is made by the SOS to ensure that all information presented is accurate, the SOS disclaims any liability for any injury, loss or damage whatsoever that may have arisen whether directly or indirectly as a result of any inaccuracy, error or omission.**