

**APPLICATION FORM FOR ONE FREE HEALTH SCREENING  
FROM 1 APRIL 2019 TO 31 MARCH 2020**

**Part 1: Member's Declaration**

I, \_\_\_\_\_ of  
Membership No. \_\_\_\_\_ hereby apply for the health screening benefit under the Seacare  
Medical Scheme (SMS) for SOS Local Members.

I have read and agreed to be bound by the Terms and Conditions governing the Seacare Medical Scheme  
(SMS) for SOS Local Members as spelt out on the reserve side and any such other terms and conditions as  
the Executive Committee of the Singapore Organisation of Seamen may prescribe from time to time.

\_\_\_\_\_  
*Signature of Member*

\_\_\_\_\_  
*Date*

**Part 2: To SMMC**

The above application has been verified and is approved. Please provide the health screening to the above  
mentioned member as described under the Seacare Medical Scheme (SMS) for SOS Local Members,  
scheduled on \_\_\_\_\_.

\_\_\_\_\_  
*Authorised Signature and Official Stamp*

\_\_\_\_\_  
*Date*

**Part 3: For Official Use by SMMC**

I hereby certify that basic health screening has been provided to the above mentioned member on  
\_\_\_\_\_.

\_\_\_\_\_  
*Doctors' Signature & Official Stamp*

\_\_\_\_\_  
*Date*

*Please attach this duly completed form during billing.*

**SINGAPORE ORGANISATION OF SEAMEN ("SOS")  
SEACARE MEDICAL SCHEME (SMS) FOR SOS LOCAL MEMBERS  
TERMS AND CONDITIONS (1<sup>st</sup> April 2019)**

**Eligibility Criteria**

SOS Ordinary Member, Participating Local Member, Participating Staff

Ordinary Member, Participating Local Member, Participating Staff must be a paid up member in the month of the appointment.

SOS Associate for Life, Cadre & Founder Member

All Associate for Life, Cadre and Founder Member shall automatically be eligible.

A member who meets the above criteria will be classified as a Qualified SOS Local Member.

**Benefits and Conditions**

A Qualified SOS Local Member is eligible to receive the following benefits:

1. Complimentary Health Screening at the Seacare Maritime Medical Centre

The health screening package provides:

Consultation and Complete Physical Examination	Biophysical Measurement	
Office tests	Imaging Studies	Lipid Profile
Liver Profile	Hepatitis Profile	Kidney Profile
Endocrine Profile	Bone & Joint Profile	Veneral Profile
Urinalysis	Full Blood Count	3 Cancer Markers
Medical Review		

The benefit is subject to the following conditions:

- 1) Qualified SOS Local Members are eligible to receive one complimentary health screening each at SMMC during the term from 1<sup>st</sup> April 2018 to 31<sup>st</sup> March 2019.
- 2) Any unutilised benefit(s) for the term is not allowed to be carried forward beyond the validity date or exchanged for cash.
- 3) The benefit is strictly not transferable.
- 4) The complimentary Health Screening is extended to one (1) Dependant. For single member, dependant refers to his mother or father. For married member, dependant refers to his legitimate spouse.
- 5) Members' marital status shall be as at appointment date.

**Contact details**

**Health Screening benefit**

The Health Screening is available from Mondays to Saturdays from 9am to 12pm (close on Public Holidays) at:

**Seacare Maritime Medical Centre Pte Ltd (SMMC)**

100 Tras Street  
#18-02/03, 100 AM  
Singapore 079027

Tel: 6222 7728  
Fax: 6224 6387  
Email: seacaremedical@singnet.com.sg

**Procedures for Health Screening benefit**

The following procedures are to be adhered to:

- Step 1:* Contact the SOS Membership Services Division at 63795658, 63795671 or 63795672 to verify your eligibility status and to obtain an appointment. The booking of appointment is on a first-come-first-served basis subject to a maximum of 4 members and dependants per day. For cancellation or request for change of appointment date, a minimum of 3 working days' notice is to be given to the SOS Membership Services Division.
- Step 2:* To collect the following from the SOS Membership Services Division not less than 2 days before the appointment date:
- a. Application Form for Health Screening;
  - b. Pre-Health Screening Instruction and Medical Container.
- Step 3:* To report at SMMC at 9am on the appointment date with the following:
- i. NRIC and SOS Membership Card.
  - ii. Duly completed Application Form for Health Screening.
  - iii. Medical Container with samples collected.
- Step 4:* To attend Health Screening medical review scheduled by SMMC.

**Exclusions**

Any need for repeated and/or additional test(s) and follow-up treatment(s) and/or medication(s) as recommended by SMMC and/or any Singapore licensed healthcare establishments such as eye centre, clinic, hospitals and shall be absolutely and entirely at the member's discretion and own expense.

**Amendment**

SOS reserves the right to repeal or amend in any way from time to time any or all of the benefits, conditions, procedures and providers relating to the SMS for SOS Local Members at its absolute discretion. The Qualified SOS Local Member shall be bound by any variation or amendment or addition to or subtraction from the said SMS.

**Interpretation**

If a query or dispute arises over the construction or interpretation of any provision in the SMS, the opinion of the Executive Committee of SOS shall be final and binding on all Qualified SOS Local Members.

**Disclaimer Clause**

While every reasonable effort is made by the SOS to ensure that all information presented is accurate, the SOS disclaims any liability for any injury, loss or damage whatsoever that may have arisen whether directly or indirectly as a result of any inaccuracy, error or omission.