

Seacare Medical Scheme (SMS) – LOCAL

Health Screening

i. Eligibility Criteria

Ordinary Member, Participating Local Member, Participating Staff

Ordinary Member, Participating Local Member, Participating Staff must be a paid up member in the month of the health screening appointment.

Associate for Life, Cadre & Founder Member

All Associate for Life, Cadre and Founder Member shall automatically be eligible.

A member who meets the above criteria will be classified as Qualified SOS Local Member

Dependent

One (1) dependent per Qualified SOS Local member shall be eligible.

For single member, adult dependent refers to his mother or father.

For married member, adult dependent refers to his legitimate spouse.

ii. Benefits & Conditions

A Qualified SOS Local Member and one adult dependent is entitled to receive one free health screening per person at the Seacare Maritime Medical Centre. The basic health screening package provides:

- Consultation and Complete Physical Examination
- Biophysical Measurement
- Office tests
- Imaging Studies
- Lipid Profile
- Liver Profile
- Hepatitis Profile
- Kidney Profile
- Endocrine Profile
- Bone & Joint Profile
- Veneral Profile
- Urinalysis
- Full Blood Count
- 3 cancer marks
- Medical Review

The benefits are subject to the following conditions:

1. Qualified SOS Local Members are eligible to receive one complimentary health screening each at SMMC during the term from 1st April 2020 to 31st March 2021.
 2. Any unutilised benefit(s) for the term is not allowed to be carried forward beyond the validity date or exchanged for cash.
 3. The benefit is strictly not transferable
 4. The complimentary Health Screening is extended to one (1) Dependent. For single member, dependent refers to his mother or father. For married member, dependent refers to his legitimate spouse.
 5. Member's marital status is current as at the appointment date.
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iii. Clinic

The free health screening is available from Mondays to Saturdays from 9am to 12pm (closed on Sundays & Public Holidays) at:

Seacare Maritime Medical Centre Pte Ltd (SMMC)

100 Tras Street
#18-02/03 The Amara Corporate
Tower Singapore 079027

Tel: (65)6222 7728

Fax: (65)6224 6387

Email: seacare@pacific.net.sg

iv. Procedures

The following procedures are to be adhered for appointment booking:

Step 1: Booking of appointment

- Contact the SOS Membership Services Division at 63795666 to verify your eligibility status and to obtain an appointment. The booking of appointment is on a first-come-first- served basis subject to a maximum of 4 members and dependents per day. For cancellation or request for change of appointment date, a minimum of 3 working days' notice is to be given to the SOS Membership Services Division.

Step 2: Issuance of application form

- To collect the following from the SOS Membership Services Division not less than 2 days before the appointment date:
 - i. Application Form for Health Screening;
 - ii. Pre-Health screening instruction and medical container

Step 3: On appointment day

- To report at SMMC on the appointment date and time with the following:
 - i. NRIC and SOS Membership Card
 - ii. Application form for basic health screening and/or comprehensive eye examination benefit (with the required sections duly completed)
 - iii. Medical container with samples collected, if applicable.

Step 4:

- To attend Health Screening medical review scheduled by SMMC.

Exclusion

Any need for repeated and/or additional test(s) and follow-up treatment(s) and/or medication(s) as recommended by SMMC and/or any Singapore licensed healthcare establishments such as eye centre, clinic, hospitals shall be absolutely and entirely at the member's discretion and own expense.

Amendment

SOS reserves the right to repeal or amend in any way from time to time any or all of the benefits, conditions, procedures and providers relating to the SMS for SOS Local Members at its absolute discretion. The Qualified

SOS Local Member shall be bound by any variation or amendment or addition to or subtraction from the said SMS.

Interpretation

If a query or dispute arises over the construction or interpretation of any provision in the SMS, the opinion of the Executive Committee of SOS shall be final and binding on all Qualified SOS Local Members.

Disclaimer Clause

While every reasonable effort is made by the SOS to ensure that all information presented is accurate, the SOS disclaims any liability for any injury, loss or damage whatsoever that may have arisen whether directly or indirectly as a result of any inaccuracy, error or omission.

iv. Contact Us

Please contact SOS Membership Services at 63795666 for appointment booking or should you need more information on the scheme.